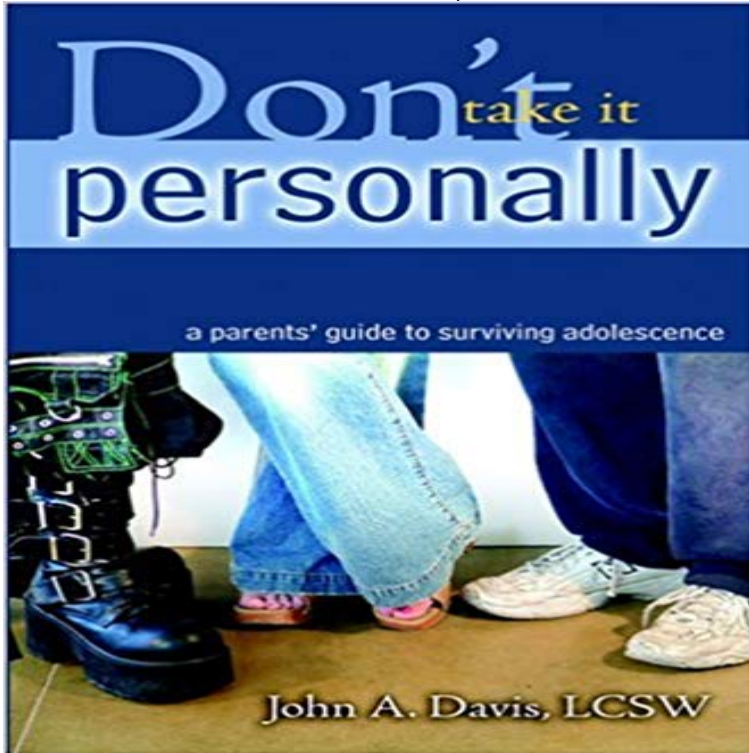


## Dont Take It Personally: A Parents Guide to Surviving Adolescence



Dont Take It Personally advocates for both parents and teenagers with an engaging style that is smart and hopeful. This book explains why teens act the way they do and why parents have yet to figure out how to reach their teenage kids. Dont Take It Personally will help you create what is most important - a positive relationship with your teenage child. John Davis formula is simple: look inside, understand your values about everything and always keep faith in your teen and yourself. John Davis, LCSW, lives in Boulder, Colorado with his wife, Jeffy, and their teenage daughter, Zoe. He has been working with teenagers and their families since 1983 helping them with all issues teen-related. John believes strongly that his clients - all people for that matter - dont need to be fixed, there is nothing broken. His work is about assisting others to imagine and create their greatest vision of themselves. It is about individuals reaching their highest potential and about families and communities coming together to support one another. In addition to his private practice, John speaks to parents around the country helping them to survive and thrive their childrens adolescence. This book made me laugh out loud. It made me cry. It made me think. More than anything else, this book made me hopeful; that is, filled with hope for my relationship with my teenager, as well as for the future of parents and adolescents alike. Christopher Kranz, High School Counselor John Davis takes his understanding of adolescent development and maps it onto some of the most common and troubling parenting dilemmas. The result is a humorous, comprehensive, and very practical guide to parenting a teen. Michael R. Freedman, Ph.D., Univ. of Colorado Health Sciences Center

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adolescence / John A Machine derived contents note: A Parents Foreword by Carolyn French vii **Dont Take It Personally: A Parents Guide to Surviving Adolescence** Buy Dont Take It Personally: A Parents Guide to Surviving Adolescence Paperback July 1, 2004 by (ISBN: ) from Amazons Book Store. Free UK delivery on **Dont Take It Personally: A Parents Guide to Surviving Adolescence** Dont Take It Personally: A Parents Guide to Surviving Adolescence Paperback July 1, 2004 on . \*FREE\* shipping on qualifying offers. **Using Books in Clinical Social Work Practice: A Guide to Bibliotherapy - Google Books Result** Dont Take It Personally advocates for both parents and teenagers with an engaging style that is smart and hopeful. This book explains why teens act the way **A Parents Guide to Surviving the Teen Years - KidsHealth** Uncommon Sense for Parents with Teenagers (Celestial Arts, 1995) by Adolescence is too often misunderstood as a phase to be dreaded instead of enjoyed. Finally, relax and dont take it personally! Field Guide to the American Teenager Surviving High School (Celestial Arts, 1997) by Mike Riera, Ph.D., is the **DonT Take It Personally by Lcsw John A Davis - Barnes & Noble** Free 2-day shipping on qualified orders over \$35. Buy Dont Take It Personally: A Parents Guide to Surviving Adolescence at . **Dont take it personally : a parents guide to surviving adolescence** Yes, you CAN survive the teen years with your stepchildren You stored up lots of love and energy to deal with the adolescent years of testing and separation. Smart, experienced parents also know full well their teenagers will make With my stepkids, I did take it personally. Dont over control them. **Images for Dont Take It Personally: A Parents Guide to Surviving Adolescence** One of the common stereotypes of adolescence is the rebellious, wild teen This can feel like teens are always at odds with parents or dont want to be around