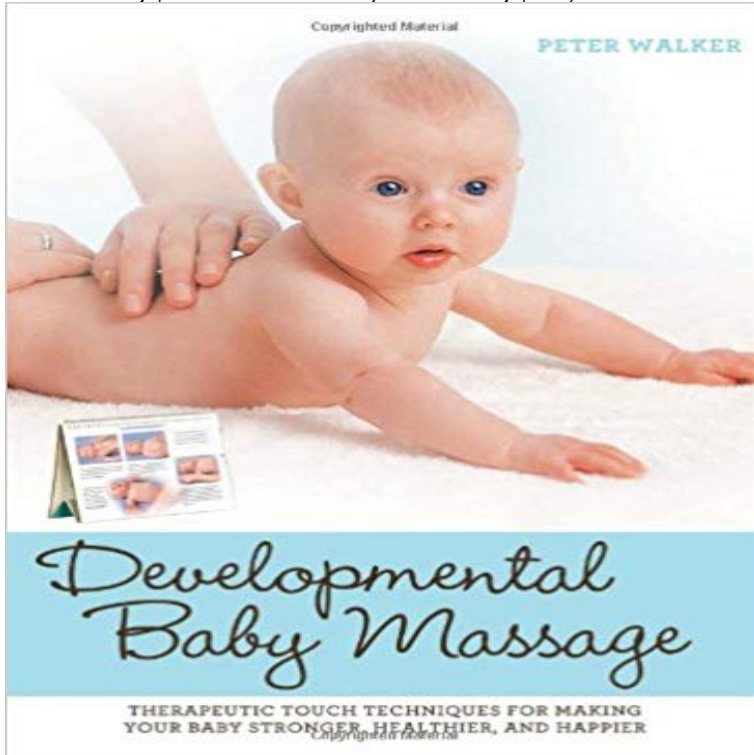


Developmental Baby Massage: Therapeutic Touch Techniques for Making Your Baby Stronger, Healthier, and Happier



Let one of the top therapists in the field show you simple and effective techniques for relieving common ailments and nurturing the bond you have with your baby. Touch is your baby's first language and plays an essential role in their physical and emotional development. Written by a pioneer in developmental baby massage and yoga for toddlers, renowned physical therapist and bestselling author Peter Walker teaches you vital massage techniques for bonding with your infant and easing common childhood complaints. In *Developmental Baby Massage*, you'll find: Therapeutic touch techniques for relieving colic, poor digestion, teething, and irritability. Gentle stretches and yoga postures for promoting balance, flexibility, and agility. Skin-to-skin contact methods for bonding and healthy attachment. Massages for improving circulation and stimulating development. Craniosacral techniques for proper posture and alignment. Step-by-step photographs and a stand-up, flip-page format make the techniques easy to follow and master. With *Developmental Baby Massage*, you'll learn how to use the power of touch to optimize development and give your baby the best start in life.

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