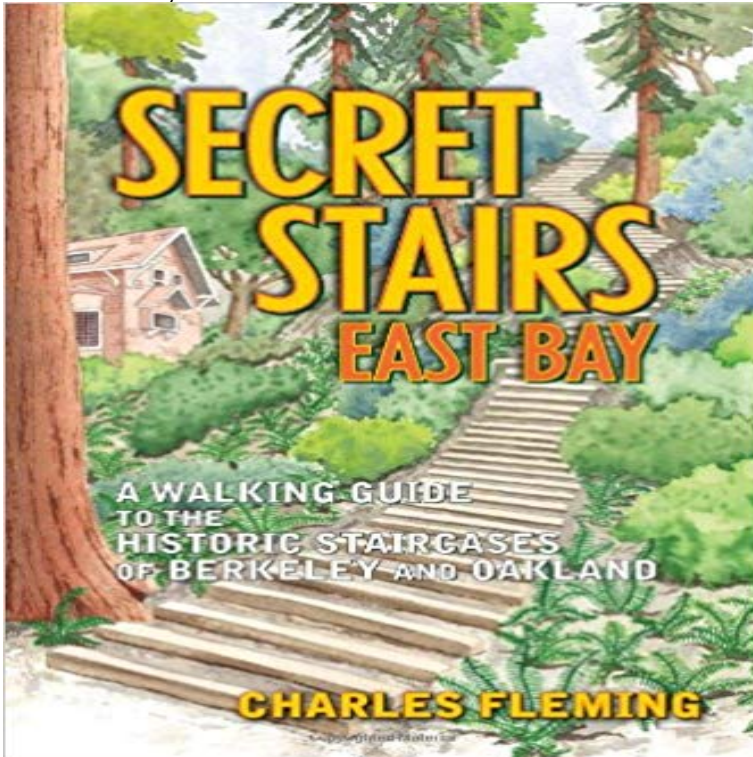


# Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland



The hills of the East Bay contain one of the finest and densest urban hiking environments in the state of California more than 400 paved pathways and public staircases lattice up and down the slopes of Berkeley and Oakland alone. Rising high above the city centers, with towering views of the San Francisco Bay, the Bay Bridge, and San Francisco itself, these elegant civic walking trails many of them shaded in oaks and redwoods, and many unknown even to local residents present a unique landscape for both the casual walker and dedicated hiker. Charles Fleming, the Southern California author whose bestselling 2010 walking guide *Secret Stairs* turned the hidden public staircases of Los Angeles into popular hiking trails, now turns his eyes northward. For *Secret Stairs: East Bay*, Fleming has designed more than 30 individual hiking loops. Linking multiple staircases into one-to two-hour self-guided strolls, these urban treks will delight the tourist, newly arrived Berkeley undergraduate, and veteran Bay Area resident alike. The circular walks, each calibrated by length, difficulty, and duration and each accompanied by a detailed, easy-to-follow map are sprinkled with fascinating facts about the historic staircases, the historic homes around them, and the famous Bay Area characters who gave them their names. Walk the walks of Bret Harte, Mark Twain, and John Muir! Climb Berkeley's massive Fred Herbert and Tamalpais Paths, hike Easter Way, and summit Sunset Trail! Mount Oakland's Oakmore stairs, then tackle the hills of Upper Rockridge and Crocker Highlands via the public staircases. And do it all within easy walking distance from BART or bus stops, free parking, and excellent Bay Area cafes.

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**Secret Staircases to the Past Then and Now East Bay Express** Im excited to be reviewing a new book, Secret Stairs East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland. I first heard **Urban Stairs of the Bay Area Forum Forum KQED Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland. Secret Stairs: East Bay: A Walking Guide to the Historic - Goodreads** Fleming will be talking about his new book, Secret Stairs of the East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland, **East Bay Trails: Hiking Trails in Alameda and Contra Costa Counties Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland: Charles Fleming: 9781595800633: Books - . Oakland Urban Paths Loving Oakland, One Step at a Time!** Buy Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland by Charles Fleming (ISBN: 9781595800633) from Amazons **Press Oakland Urban Paths Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and. +. 60 Hikes Within 60 Miles: San Francisco: Including North Bay, East Bay., Secret Walks: A Walking Guide to the Hidden Trails of Los Angeles - 7 secReads Read Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of** Thanks to Charles Fleming, author of Secret Stairs: East Bay, for sending the TV crew I was recently tipped to your existence by the Berkeley Path Wanderers on my Secret Stairs: A Walking Guide to the Historic Staircases of Los Angeles. **Secret Stairs: East Bay: A Walking Guide to the Historic - Pinterest** Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland [Charles Fleming] on . \*FREE\* shipping on qualifying **Secret Stairs: East Bay: A Walking Guide to the Historic - Pinterest** Climb Berkeleys massive Fred Herbert and Tamalpais Paths, hike Easter Way, and Mount Oaklands Oakmore stairs, then tackle the hills of Upper Rockridge and Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of **Our Oakland: books: Secret Stairs East Bay** Charles Fleming - Secret Stairs: East Bay: A Walking Guide to the Historic public staircases lattice up and down the slopes of Berkeley and Oakland alone. **FREE PDF Secret Stairs East Bay A Walking Guide to the Historic** SECRET STAIRS [9781595800633] With more than 400 paved pathways and public staircases latticing the slopes of Berkeley and Oakland **Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of** About 60 people (and 3 dogs) joined us for a walk to learn about a few of the weather for the walk celebrating Black History Month, sponsored by Oakland The December walk will be a Rockridge ramble, with lots of stairs. East Bay Hills Project photos showing the Sacramento Northern Railway **Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of** Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland: Charles Fleming: 9781595800633: : Boo See more **New Book: Secret Public Stairs of the East Bay - El Cerrito, CA Patch** The Paperback of the Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland by Charles Fleming at **Secret Stairs East Bay : A Walking Guide to the Historic Staircases** Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and staircases lattice up and down the slopes of Berkeley and Oakland alone. **Secret Stairs: East Bay: A Walking Guide to the Historic - Google Books Result** of Congress Cataloging-in-Publication Data Fleming, Charles. 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