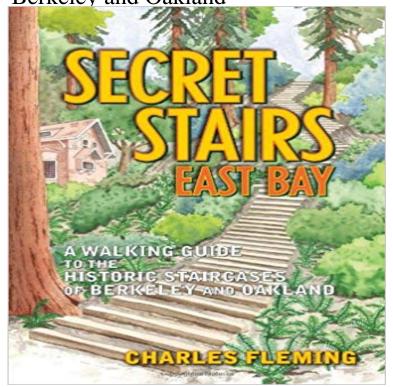
Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland



The hills of the East Bay contain one of the finest and densest urban hiking environments in the state of Californiamore than 400 paved pathways and public staircases lattice up and down the slopes of Berkeley and Oakland alone. Rising high above the city centers, with towering views of the San Francisco Bay, the Bay Bridge, and San Francisco itself, these elegant civic walking trailsmany of them shaded in oaks and redwoods, and many unknown even to local residentspresent a unique landscape for both the casual walker and dedicated hiker.Charles Fleming. the Southern California author whose bestselling 2010 walking guide Secret Stairs turned the hidden public staircases of Los Angeles into popular hiking trails, now turns his eyes northward. For Secret Stairs: East Bay, Fleming has designed more than 30 individual hiking loops. Linking multiple staircases into one-to two-hour self-guided strolls, these urban treks will delight the tourist. newly arrived Berkeley undergraduate, and veteran Bay Area resident alike. The circular walks, each calibrated by length, difficulty, durationand each accompanied by a detailed, easy-to-follow mapare sprinkled with fascinating facts about the historic staircases, the historic homes around them, and the famous Bay Area characters who gave them their names. Walk the walks of Bret Harte, Mark Twain, and John Muir! Climb Berkeleys massive Fred Herbert and Tamalpais Paths, hike Easter Way, and summit Sunset Trail! Mount Oaklands Oakmore stairs, then tackle the hills of Upper Rockridge and Crocker Highlands via the public staircases. And do it all within easy walking distance from BART or bus stops, free parking, and excellent Bay Area cafes.

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Secret Staircases to the Past Then and Now East Bay Express Im excited to be reviewing a new book, Secret Stairs East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland. I first heard Urban Stairs of the Bay Area Forum Forum KQED Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland. Secret Stairs: East Bay: A Walking Guide to the Historic - Goodreads Fleming will be talking about his new book, Secret Stairs of the East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland, East Bay Trails: Hiking Trails in Alameda and Contra Costa Counties Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland: Charles Fleming: 9781595800633: Books - . Oakland Urban Paths Loving Oakland, One Step at a Time! 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East Bay Hills Project photos showing the Sacramento Northern Railway Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland: Charles Fleming: 9781595800633: : Boo See more New Book: Secret Public Stairs of the East Bay - El Cerrito, CA Patch The Paperback of the Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and Oakland by Charles Fleming at Secret Stairs East Bay: A Walking Guide to the Historic Staircases Secret Stairs: East Bay: A Walking Guide to the Historic Staircases of Berkeley and staircases lattice up and down the slopes of Berkeley and Oakland alone. Secret Stairs: East Bay: A Walking Guide to the Historic - Google Books Result of Congress Cataloging-in-Publication Data Fleming, Charles. 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