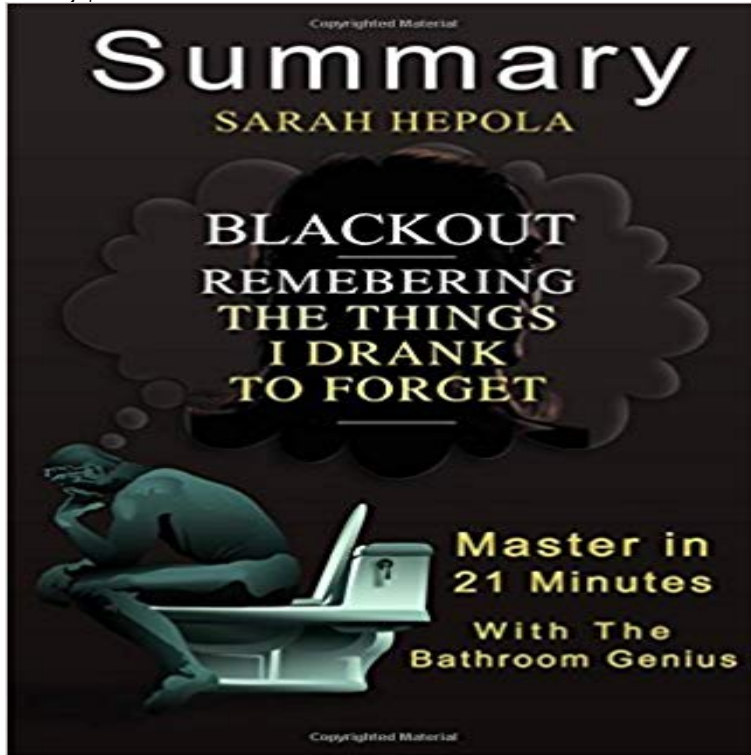


A 11-Minute summary Of Blackout: Remembering the things I drank to forget.



We know that your time is valuable, so we keep this short and concise. The purpose of this summary is to share with you what the life of an alcoholic really is. It offers you the author's narrative of her early experiments with alcohol until she becomes a full-fledged alcohol addict as an adult, the dangers brought by an alcohol addiction, and measures on how you can safely curb your alcoholism. I wanted the gift of forgetting. Boozy love songs and brokenhearted ballads know the torture of remembering. If drinking don't kill me, her memory will, George Jones sang, and I got it. The blackouts were horrible. It was hideous to let those nights slide into a crack in the ground. But even scarier was to take responsibility for the mess I made. Even scarier was to remember your own life. Blackout by Sarah Hepola will show you both the good and bad sides of drinking. But of course, drinking will always be bad for you no matter what. But for her, it was her escape, a means to be functional in a complex and distressing world. She craved the comfort of alcohol, for it helped her say and write the right things. Without alcohol by her side, she felt lost. She felt a strong need to be loved and accepted, and only booze gave her that. She allowed alcohol to take over her life, until so little of it was left. When she finally mustered the courage to break out of this addiction, she began to see things in a new light. Now, she values her family and those friends who genuinely care and love her. She has also learned to cope with the harsh realities of life and deal with them head on, and not with a drink in hand. Her touching story about her battle with alcoholism will touch you and give you a newfound understanding of how lonely the life led by an alcoholic is. Read More.... PLEASE NOTE: This is an 11-minute summary of Blackout and NOT the original book. Bern Bolo The Bathroom Genius

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