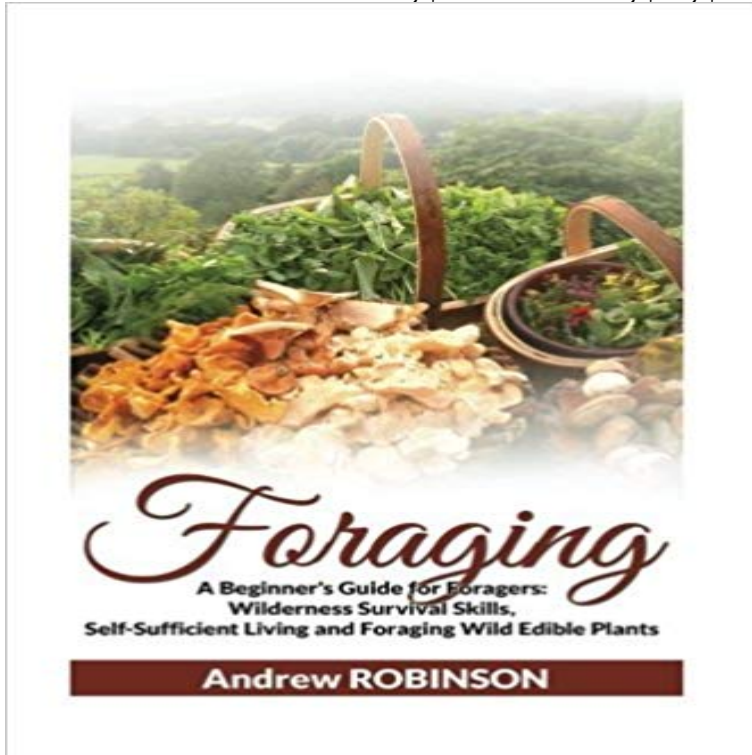


## Foraging: A Beginners Guide for Foragers: Wilderness Survival Skills, Self-Sufficient Living and Foraging Wild Edible Plants



FORAGING A Beginners Guide for Foragers: Wilderness Survival Skills, Self-Sufficient Living and Foraging Wild Edible Plants This book is your source to a safe and healthy foraging. If you are interested in becoming a forager and you dont know where to start, you can read this book and it will help you getting started with foraging. This book is only for beginners who are interested in becoming a professional forager. You will find this book really interesting and it would increase your interest in different sorts of weeds, herbs and plants. If you are stuck in the wilderness and you have nothing to eat and you have read this book by heart, you would find that you can survive if you know where to look for some edible plants and herbs. This book is your survival guide if you find yourself stranded in the wild. I have shared some edible plants and herbs that you can eat if your food stock has finished and you are hungry. In one of the chapters, I have shared what tools you should keep with you when you are foraging. This book has a lot of tips and tricks that you have to keep in mind when you are going on foraging in the wilderness. You will also learn how you can survive in the wilderness during foraging. Here is a preview of what youll learn: Best Herbs and Plants from the Wilderness to Forage.Tips and Tricks for Foraging.Essential Foraging Tools for Wilderness.Wilderness Survival Skills for Self-Sufficient Living. If you are just beginning as a forager, you would find each chapter really helpful!

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